

# GET ORGANISED WITH LOUISE ELDRIDGE

www.signalbizhub.org

# PRODUCTIVITY BiZHUB

4<sup>th</sup> September 2020 -



#### WHAT WE ARE GOING TO COVER TODAY?

Why are you in Business?
How will you achieve your goals?
Building Good Habits
Time Management
Managing Distractions



# WORK / LIFE BALANCE



#### **INVEST IN PERSONAL GROWTH**



# TOP TIP Plan your Year







### DECISION MAKING

- > 35,000 decisions every day
- Simplify your decision making process by building habits

#### Making less decisions:

- Saves time
- Saves brainpower





Don't leave it to the last minute

Put reminders in your schedule

Good habits – keep on top of your finances monthly



02

### OUTSOURCING

- Know your strengths and available time
- Delegate







### PROCRASTINATING



#### WORKSPACE

- Find yourself a dedicated work space
- Work from a different location
- Clear your desk at the end of each day



# MANAGE

### YOUR TIME



### DAILY ROUTINE

"Work expands so as to fill the time available for its completion" <u>\$\$\$</u>

Treat your mornings as if you have a job to go to

Ready to work when you unlock your front door

#### TIME MANAGEMENT

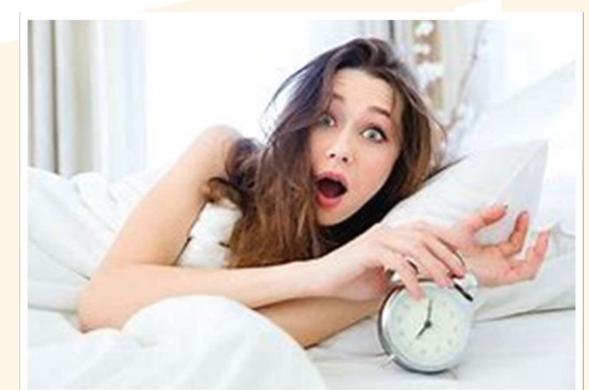
Pomodoro Technique

- Work for 25 minutes
- Take a 5 minute break



# Create more time 15 Days per Year

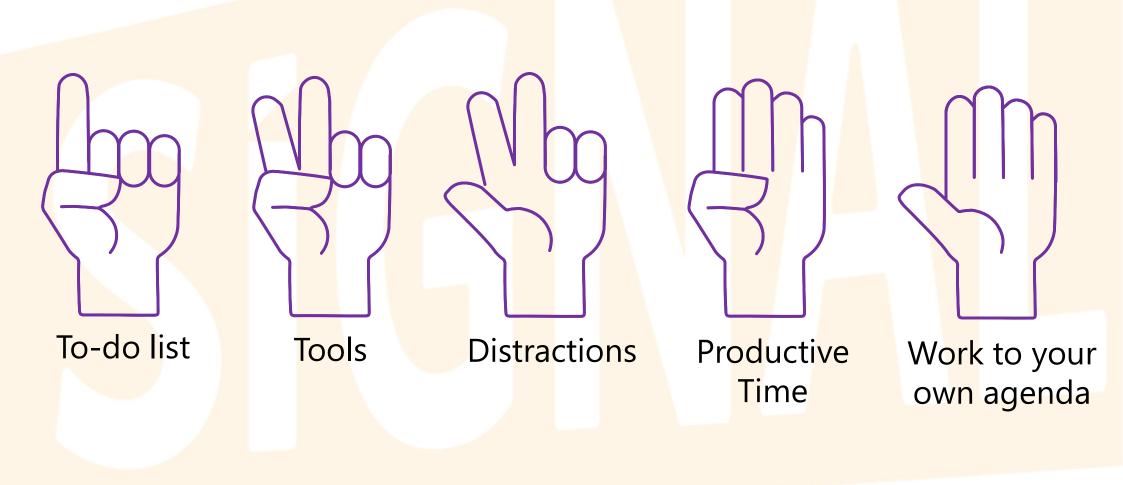
TOP TIP



# BE PUNCTUAL



#### MANAGING YOUR DAY-TO-DAY TASKS



#### THE TO-DO LIST

- Our minds are best used for processing different ideas not to hold onto information
- Don't add items to your to-do list if you can do it in 5 mins DO IT!
- Don't be over ambitious be realistic about your timings

#### THE TO-DO LIST

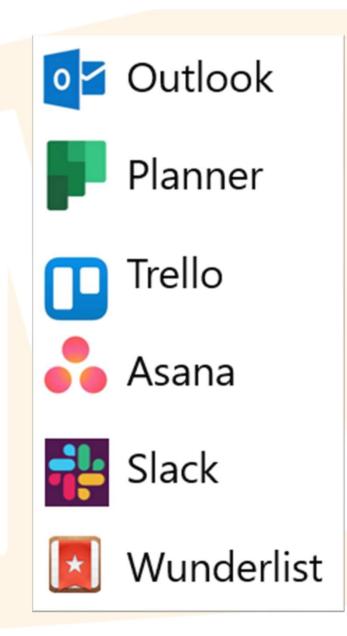
Grade items A-C and 1,2,3 etc.

Run a list for thoughts and ideas

Always carry a note book

#### 41% of items on a to-do list never get done





### DISTRACTIONS

How long does it take to get back into a task if interrupted?

#### 25 minutes

If you get interrupted 4 times in a day:

- = **1 HOUR 40 MINUTES** per day
- = 8 HOURS 20 MINUTES per week

ELIMINATE DISTRACTIONS

- ➢ Emails
- Close your door
- Turn off notifications
- Turn off your internet connection
- Out of Office

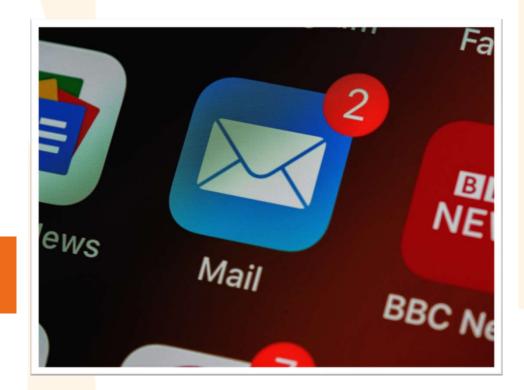
### PRODUCTIVE TIME

- When are you most productive?
- Are you a morning person or a night owl?
- Plan your tasks accordingly

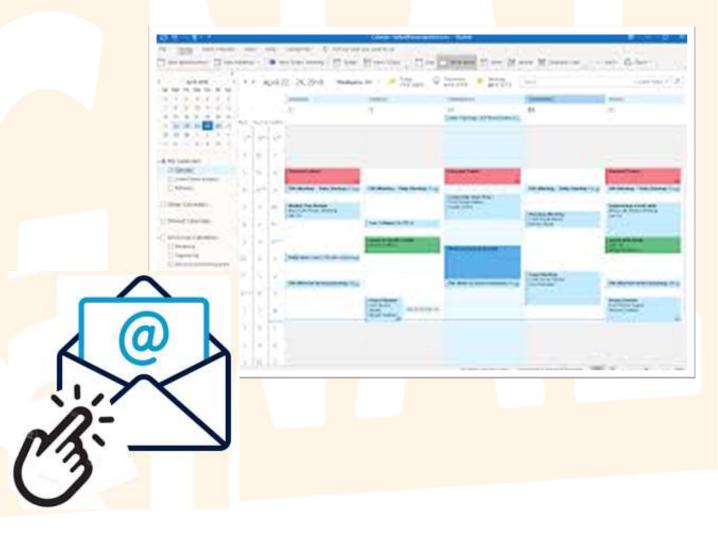


# WORK TO

## YOUR OWN AGENDA











#### "The key is not to prioritise what's on your schedule, but to schedule your priorities"

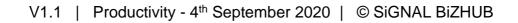
- Stephen R Covey —







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#### What do you want from your business?

#### Set your goals

#### Communicate your message





TASK TO YOUR	ENJOYMENT OF
BUSINESS	THOSE TASKS
LOW	LOW
MEDIUM	MEDIUM
HIGH	HIGH
LOW	LOW
MEDIUM	MEDIUM
HIGH	HIGH
LOW	LOW
MEDIUM	MEDIUM
HIGH	HIGH
LOW	LOW
MEDIUM	MEDIUM
HIGH	HIGH
LOW	LOW
MEDIUM	MEDIUM
HIGH	HIGH
	LOW MEDIUM HIGH LOW MEDIUM HIGH LOW MEDIUM HIGH LOW MEDIUM HIGH





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#### Know your strengths and available time and based on the above, make a list of what tasks you would like to outsource, giving you more time.

- 1.

   2.

   3.

   4.
- 5.



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#### Distractions

#### Name your five most common distractions / time wasters:

- 1.

   2.

   3.

   4.
- 5.

#### What are you going to do to stop them from disrupting your day:

- 1.
- 2.
- 3.
- 4.
- 5.

If you have any questions don't forget to raise them at Mastermind, you can book upcoming events at SiGNAL and BiZHUB here:

https://www.signalbordon.org/events-training

We look forward to seeing you at our next event.

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